

# The Hawk's Eye

Weekly News from Hope Elementary School



## School Pictures

Lifetouch will be here on Tuesday, October 25th for fall picture day. In addition to the traditional order form, you can order portraits on-line at [mylifetouch.com](http://mylifetouch.com). The HES picture day ID is: EVTR7VW7K.

On-line orders will be tracked and printed just as if a paper order form had been given to the photographer. All students will have their pictures taken for student records. There will be a makeup day for absent students and any re-takes. Order forms have been sent home with students. Please contact the office with any questions at: 785-4081 or [hesoffice@fivetowns.net](mailto:hesoffice@fivetowns.net)

## Upcoming Events for Your Calendar

Oct. 24th - Volunteer meeting (6:30PM) in the yurt  
 Oct. 25th - Individual school pictures by Lifetouch  
 Oct. 28th - Fall NWEA testing window closes  
 Nov 2nd - Student Assembly  
 Nov 11th - Veterans Day (No School)  
 Nov 21st - 25th - Teacher workshop days & Thanksgiving Break (No School)  
 Nov. 29th - Lifetouch re-take day and class photo day  
 Dec. 2nd - End of first trimester  
 Dec. 22nd - Early release (11:30AM) for students & staff  
 Dec. 23rd - Jan. 2nd - Holiday break (No School)



"It's never too late—in fiction or in life—to revise."

~Nancy Thayer



## Substitutes Wanted

HES is always in need of substitutes. If you are interested please contact the Superintendent's office at 763-3818. Applications are available online: [School Union 69](#).



**Spanish Website**  
 Click [here](#) to check out Señor Angulo's new HES Spanish page!



## Pre-K

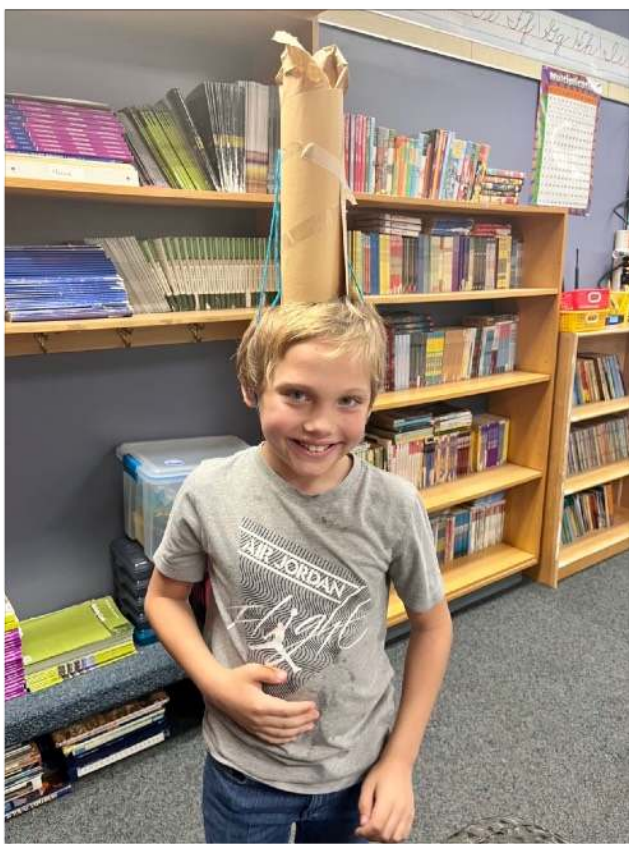
Hope Pre-K had their first Family Friday and visited Hardy Orchards in Hope. With an added donation of apples from the orchard, Mr. Pride volunteered with his cider press and we made some delicious apple cider. Children washed and lugged and cranked and pressed and tasted. Everyone wanted a turn at the cider press even our own Mr. Glen Smith, custodian. We are thankful to our generous community, and we love volunteers. Please email [marybeth.pride@fivetowns.net](mailto:marybeth.pride@fivetowns.net) if you are interested in volunteering in Pre-K.



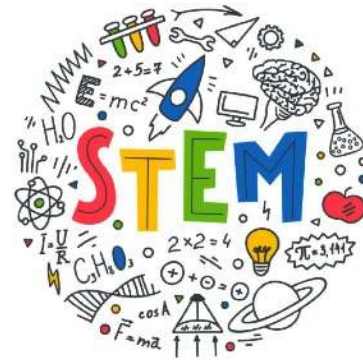


## Integrated Studies

During Integrated Studies, 3rd, 4th, and 5th grade students were challenged to build a hat strong enough to carry an apple!



## After-School Stem Lab for Grades 3-5!



Students in 3rd-5th grade have a new after-school program to join this school year! The first set of STEM Lab sessions for 3rd-5th grade starts Wednesday, November 2nd from 2:45-3:45pm and meets biweekly until Wednesday, December 21st.

Students who are interested in construction, coding, science, and creative problem solving who would like to strengthen and test their skills are encouraged to join! STEM is an abbreviated term referring to Science, Technology, Engineering, and Math studies. STEM Lab's purpose is to encourage and deepen student curiosity in these subjects by presenting a series of building challenges that will take creativity and teamwork to complete. Students will use LEGOs, recycled materials, Scratch coding, and more to work towards a solution to their monthly building challenge.

Families in 3rd-5th grade should keep an eye out for a take-home letter and permission slip for students to fill out and return to Ms. Gluck. I look forward to seeing your student at STEM Lab this fall!

Happy reading!

Ms. Gluck

Charlie.Gluck@fivetowns.net

## Family / Staff Volunteer Meeting

Come join us Monday, October 24th at 6:30 PM for our first Family / Staff Volunteer meeting. We will be meeting in the yurt at HES.

This is a very exciting time to be a part of this group as we are building from the ground up.

In the past, the Hope School PTO was in charge of programs such as the Pen-Pal Tea, School Directory, Square One Art, After-School Skating and Skiing, Community Craft Fair, and Teacher Appreciation to name a few. We would like to restart or start some new programs for our students and this is why we need your help!

We look forward to hearing your ideas.



Boot Buddies! Mrs. Fagonde, Jake & Nate showing off their foot fashion.



Hello Hope Elementary School Community,

October is National Dental Hygiene Month, pretty ironic how this falls in the same month as Halloween. 🤔

After a little informal survey during lunch time, excitement about going to the dentist got a big thumbs down ...unless there was a free toy at the end. We can't keep the kids out of the dentist's chair but here are a few tips on how to shorten their time in it. And just in time for School Picture Day! (Oct.25)

1. Floss every day.
2. Two x Two. Brush your teeth twice a day for two minutes each time.
3. Rinse with mouthwash. This helps battle bad breath and keeps your mouth clean.
4. Brush gently. Inside, outside, top and bottom. And don't forget the tongue.
5. It is recommended to replace your toothbrush every three to four months.

Did you know there is a Dental Clinic in Knox County?

<https://knoxclinic.org/your-mid-coast-health-net/knox-clinic-dental-program/>

Say "Cheese!" and be well,  
Reagan  
HES Nurse



## Fly Five: The Social and Emotional Learning Curriculum

Greetings Parents/Guardians,

Every year your students learn new academic skills across four main content areas: math, English language arts, social studies, and science. These skills are explicitly taught and modeled by their teacher, practiced throughout the school year, and supported by homework and other home-based activities.

At Fly Five, we have built what we consider to be the fifth core curriculum. Joining the four main content areas, students will learn social and emotional skills using Fly Five's curriculum in much the same way they approach their academic learning. Social and emotional skills, like being open to differing cultures, learning how to assert yourself, and managing strong emotions, will be taught in short mini-lessons by their teacher. Students will then have opportunities to interact with their peers, engage, ask questions, and practice these skills in a safe classroom setting.

Research suggests that when social and emotional learning, commonly referred to as SEL, is present in a child's education, student motivation and engagement improve, negative behaviors such as bullying are reduced, and standardized test scores and academic performance also improve. Social and emotional learning, when embedded into daily instruction, leads to success in friendships, learning, play, work, relationships, and life in and out of school.

Below is an overview of three major components of the Fly Five SEL curriculum:

**C.A.R.E.S.:** At the heart of the Fly Five curriculum are five social and emotional competencies that guide every standard, every student objective, and every SEL skill your students will learn. Those competencies are: Cooperation, Assertiveness, Responsibility, Empathy, and Self-Control.

**The Mindful Student:** Fly Five's school-based mindfulness program. Each short mindfulness lesson empowers students to become more self-aware, feel better emotionally, cultivate self-compassion, and develop the tools to succeed in school.

**The School-to-Home Connection Toolkit:** A weekly newsletter and activity sheet that brings social and emotional learning into your home. The newsletter is filled with exciting, engaging activities that align with the week's theme and skill. Use these interactive structures to embed SEL lessons into dinner, bedtime, and weekend fun. Look for these newsletters in your email inbox or homework folders.

We are excited your students will be learning with Fly Five this year. Remember, actively working on social-emotional skills in the home increases students' opportunities to develop the competencies of cooperation, assertiveness, responsibility, empathy, and self-control. The more they can practice these skills in new and relevant situations, the stronger they will become, setting them up for success in the classroom and beyond.

Sincerely,  
The Fly Five Team

www.flyfivesel.org  
85 Avenue A, P.O. Box 718, Turners Falls, MA 01376-0718



### HES School Goals 2022-2023

Culture / Community		Culture / Community	
<b>Goal 1</b>	Building community	<b>Goal 2</b>	Building student empathy
<b>Action</b>	-Start parent volunteer group -Buddy activities -Student assemblies -Community events	<b>Action</b>	-Start Restorative Practice team -Use circles with staff & students -Teach Fly Five curriculum -Engage student voice
<b>Metric</b>	Frequency and attendance rate	<b>Metric</b>	Survey results (see survey questions)
Academic		Academic	
<b>Goal 1</b>	Students in grades 1-8 who are proficient in math will increase from 68% to 72% on the math NWEA by spring 23.	<b>Goal 2</b>	Students in grades 1-8 who are proficient in reading will increase from 76% to 78% on the reading NWEA by spring 23.
<b>Action</b>	PLC, intervention, Title I	<b>Action</b>	PLC, intervention, Title I
<b>Metric</b>	NWEA	<b>Metric</b>	NWEA

Hope Elementary School

**VETERANS DAY**

*Drive-Thru Coffee & Donuts*

We invite all local veterans to be honored on Thursday, Nov. 10th from 8:30-11:30am. Coffee and donuts will be served by our 8th grade class in the school parking lot. Please come enjoy treats!

Thank you for your service!

**10 NOV 2022, 8:30-11:30AM**



**SOUND THE ALARM**

**WE NEED  
VOLUNTEERS**



**JOIN US FOR A  
RECRUITMENT  
OPEN HOUSE  
NOVEMBER 6TH 2:00PM**

**HOPE FIRE STATION | 475 CAMDEN RD.**

**207-542-2694 | HOPECHIEF@GMAIL.COM**

**HOPE ELEMENTARY SCHOOL**  
**CAN & BOTTLE DRIVE**

SAVE YOUR EMPTIES AND HELP SUPPORT THE 8TH-GRADE CLASS TRIP FUNDRAISING EFFORTS!

BAGGED ITEMS CAN BE DROPPED OFF IN THE BIN BEHIND THE HOPE ELEMENTARY SCHOOL.

THANK YOU FOR YOUR SUPPORT!



JOIN US IF YOU DARE AT THE ROCKPORT PUBLIC LIBRARY FOR OUR

**Halloween COSTUME PARADE**

OCTOBER 25TH AT 4:00 PM

STARTING AT THE LIBRARY WE WILL WALK THROUGH THE VILLAGE AND LOOP BACK TO MEMORIAL PARK FOR A HALLOWEEN STORY AND REFRESHMENTS!

COSTUMES ENCOURAGED



Camden Hills Regional High School Presents

**MAMMA MIA!**

Strom Auditorium • 25 Keelson Dr, Rockport  
 November 4th, 5th, 11th, 12th at 7:00 PM  
 November 6th, 13th at 2:00 PM

All Seats Reserved

<http://www.stromtix.com> | [tickets@fivetowns.net](http://tickets@fivetowns.net) | 207-236-7800 x3382

In advance	\$20 Floor	\$15 Upper	\$10 Senior or Student
At the door	\$25 Floor	\$20 Upper	\$10 Senior or Student



MAMMA MIA!  
 Is presented through special arrangement with Musical Theatre International (MTI)  
 All authorized performance materials are also supplied by MTI.  
[www.mtishows.com](http://www.mtishows.com)

**DESTINATION IMAGINATION MAINE**

**Start a DI Team!**



**What is DI?**  
 Destination Imagination is a creative, team-focused, STEAM competition for K-12 and university students.

**What is A Team Manager?**  
 Be an integral part of this positive, lively competition. Team Managers are adult volunteers who guide a group of young learners through a creative journey.

**No Experience Required** Team Managers receive DI self-paced trainings and support from the Maine DI affiliate organization.

A program of the Reach Project @

**MMSA**

**Maine State DI Tournament**  
 March 11th, 2023 • Hutchinson Center • Belfast, ME

**Questions?** Contact Emma Carey, [ecarey@mmsa.org](mailto:ecarey@mmsa.org)  
 Visit: [mmsa.org/projects/destination-imagination](http://mmsa.org/projects/destination-imagination)